

28 Day Prayer Guide Through Ephesians

Day 22 From [Ephesians 5:21-33](#)

All-wise Father, help me live this lesson with my family today: *To submit to one another out of reverence for Christ.* Amen.

Day 23 From [Ephesians 6:1-4](#)

Dear Jesus, I am a child to some, both physically and spiritually. Help me obey my parents in the Lord, for this is right. I'm also a parent-figure to some, both physically and spiritually. Don't let me exasperate my children, instead, may I bring them up in the training and instruction of the Lord. Amen.

Day 24 From [Ephesians 6:5-9](#)

Dear God, today we must speak of slavery. Like the slave, I'm under the authority of some. Help me obey those "masters" with respect and sincerity, serving wholeheartedly as if serving you. I'm also master to some; may I treat those people equally as well, because there is no favoritism with you. Amen!

Day 25 From [Ephesians 6:10-18](#)

It's shoutin' time again, Jesus! Today, make me strong in the Lord and in your mighty power! My struggle isn't against flesh and blood, but against spiritual forces of evil. Adorn my soul with the full armor of God: Truth, righteousness, readiness of the gospel, faith, salvation, the Word of God, and of course, prayer. Amen!

Day 26 From [Ephesians 6:19-20](#)

My prayer today is the same as what Paul prayed ages ago: Whenever I open my mouth, may words be given me so that I will fearlessly make known the mystery of the gospel, for which I am an ambassador. May I declare it fearlessly, as I should. Amen!

Day 27 From [Ephesians 6:21-22](#)

Lord Jesus, I want to pause and thank you for the life of Tychicus, Paul's "dear brother and faithful servant in the Lord." Without him serving as Paul's messenger, I never would have heard the glorious truths revealed in the biblical book of Ephesians. Thank you the ministry of Tychicus to Paul—and to me. Amen.

Day 28 From [Ephesians 6:23-24](#)

Dear Lord, today please grant peace to my brothers and sisters in your family, and love with faith from God the Father and the Lord Jesus Christ. May grace be to all who love our Lord Jesus Christ with an undying love! Amen.

Day 1 From [Ephesians 1:1-6](#)

It's time for shoutin', Lord! Praise to you! With grace and peace, you've blessed me in the heavenly realms with every spiritual blessing in Christ! You chose *me*, in Him, before the creation of the world to be holy...blameless...adopted as your child through Jesus. And you did it all for me, for free. Praise you, praise you! Amen!

Day 2 From [Ephesians 1:7-10](#)

Jesus, I'm in awe of what you've done. You redeemed me through your own blood. You forgave my sins and lavished on me the riches of God's grace. You made known to me the mystery of God's will and good pleasure—that all things will be brought together under one head: you. Thank you! Amen!

Day 3 From [Ephesians 1:11-14](#)

God, I'm finally glimpsing the truth: In Jesus I was chosen, predestined according to your plan for the praise of your glory. I'm included in Christ, able to hear and receive your gospel of salvation. I'm marked with a seal—your own Holy Spirit!—who guarantees my inheritance in you. I'm so grateful! Amen.

Day 4 From [Ephesians 1:15-23](#)

Paul is my example today, Lord Jesus. As he prayed, please give me wisdom and revelation to know you better. Open the eyes of my soul so I may know your hope, the riches of your glorious inheritance, and the experience of your incomparably great power. You are far above everything, in every way. Amen!

Day 5 From [Ephesians 2:1-7](#)

This is what I know today, God: I was once *dead* in my sins, when I followed the ways of this world. But because of your great love for me I've been *made alive*, raised up with Christ, recipient of the incomparable riches of your grace. Wow! Wow—and Amen!

Day 6 From [Ephesians 2:8-9](#)

Breathe this truth constantly into my heart today, Jesus: It is by grace I've been saved, through faith—not from myself, it's the gift of God!—not by works, so I can never boast about it. Thank you, Lord, for this great gift. Amen.

Day 7 From [Ephesians 2:10](#)

I've heard it, and now I stand to say I believe it: I am your workmanship—yours alone! I'm created in Christ Jesus to do good works—the wonderful works you prepared in advance for me to do. This is an amazing privilege; thank you for giving it to me. Amen.

Day 8 From [Ephesians 2:11-13](#)

Heavenly Father, once I was separate from you. I was a foreigner to the covenants of your promise—without hope, without God. But you refused to leave me there. I was far away; now I've been brought near through the blood of Christ. I remember this today, in Jesus' name. Amen.

Day 9 From [Ephesians 2:14-22](#)

Jesus: You are my peace. In you I have access to the Father by one Spirit. With you as the chief cornerstone, I'm being built—together with all of God's people—to become a dwelling where God lives by his Spirit. May you live boldly in me today. Amen.

Day 10 From [Ephesians 3:1-6](#)

Lord, here's a mystery for me to pray into: Through the gospel, non-Jews are heirs together with Israel, members together of one body, and sharers together in the promise in Christ Jesus. I don't think I understand that immensity of that mystery; help my heart to see it more clearly today. Amen.

Day 11 From [Ephesians 3:7-13](#)

Lord God, again Paul teaches by example. Like him, I'm a servant of your gospel by the gift of your grace given through the working of your power. I can share in the unsearchable riches of Christ. In him and through faith in him, I can approach you freely, with confidence. Thank you. Amen.

Day 12 From [Ephesians 3:14-19](#)

Today, right now Father, out of your glorious riches, please strengthen me with power through your Spirit so that Christ may dwell in my heart. May I have power, with all the saints, to grasp how wide and long and high and deep is the love of Christ—that I may be filled with the fullness of you. Amen.

Day 13 From [Ephesians 3:20-21](#)

God, you are able to do immeasurably more than I can ask or imagine. To you be glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen!

Day 14 From [Ephesians 4:1-6](#)

Oh God, help me to live a life worthy of your calling: To be completely humble and gentle. To be patient, bearing with others in love. I want to keep the unity of your Spirit through the bond of peace, living together in one hope, one

Lord, one faith, one baptism, one God and Father of all. Help me with this today, Lord. Amen.

Day 15 From [Ephesians 4:7-16](#)

Thank you Jesus. To me your grace has been given as you apportioned it. You've given gifts to us all so that the body of Christ may be built up. Help us to speak the truth in love and to grow up in you, as your church builds itself up in love, each part doing its work. Amen.

Day 16 From [Ephesians 4:17-25](#)

It's tragic, Lord. Some people are darkened in their understanding, separated from your life. They've given themselves over to sensuality, indulging every kind of impurity and lusting for more. I don't want to live that way! Re-create me, Jesus, make me new in my thinking to be like God in true holiness. Amen.

Day 17 From [Ephesians 4:26-30](#)

Holy God: Today in my anger, don't let me sin. Guard me so I don't give the devil a foothold in my thoughts. Grace me to work, to be useful and share with those in need. Guide my words to be helpful for building up others. And soften my heart so I may never grieve your Holy Spirit. Amen.

Day 18 From [Ephesians 4:31-32](#)

Dear Jesus, the temptation is ever-present: To be bitter and angry; to brawl, and slander others; to harbor malice in many forms. Get rid of that stuff in me! Make me like you instead: Kind, compassionate, forgiving others just as you forgave me. I trust in you. Amen.

Day 19 From [Ephesians 5:1-7](#)

Father, today I want to imitate you as a dearly-loved child—to live a life of love, just as Christ loved me. I want to avoid sexual immorality, impurity, greed, obscenity, foolish talk, and coarse joking. I want to be thankful—not someone deceived by empty words. Please guard my heart today. Amen.

Day 20 From [Ephesians 5:8-14](#)

Holy Jesus, once I was darkness. Now I'm light in the Lord! Grace me today to live as a child of light (in all goodness, righteousness, and truth), to continually discover what pleases you. Amen!

Day 21 From [Ephesians 5:15-20](#)

For these things I pray today: May I live wisely, making the most of every opportunity because the days are evil. May I understand the Lord's will, avoiding drunkenness and debauchery, being filled with the Spirit, speaking Psalms hymns and spiritual songs. May my heart sing to the Lord, always giving thanks to God for everything. Amen!