

PRAYER GUIDE

WEEK OF OCTOBER 10 – 16

Psalm 42 (ESV)

To the choirmaster. A Maskil of the Sons of Korah.

As a deer pants for flowing streams,
so pants my soul for you, O God.

² My soul thirsts for God,
for the living God.

When shall I come and appear before God?

³ My tears have been my food
day and night,

while they say to me all the day long,
“Where is your God?”

⁴ These things I remember,
as I pour out my soul:

how I would go with the throng
and lead them in procession to the house
of God

with glad shouts and songs of praise,
a multitude keeping festival.

⁵ Why are you cast down, O my soul,
and why are you in turmoil within me?

Hope in God; for I shall again praise him,
my salvation ⁶ and my God.

My soul is cast down within me;
therefore I remember you

from the land of Jordan and of Hermon,
from Mount Mizar.

⁷ Deep calls to deep
at the roar of your waterfalls;
all your breakers and your waves
have gone over me.

⁸ By day the Lord commands his steadfast
love,

and at night his song is with me,
a prayer to the God of my life.

⁹ I say to God, my rock:
“Why have you forgotten me?

Why do I go mourning
because of the oppression of the enemy?”

¹⁰ As with a deadly wound in my bones,
my adversaries taunt me,

while they say to me all the day long,
“Where is your God?”

¹¹ Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation and my God.

REVERENCE - *God's Praiseworthy Attributes:*

- Satisfier of our souls – v. 1
- Living God – v. 2
- Present and approachable – v. 2
- Worthy of glad shouts and songs of praise – v. 3
- Our hope – v. 6, 11
- Our salvation – v. 6, 11
- Steadfast love -v. 8
- God of our life -v. 8
- Our rock – v. 9
- Sovereign over suffering -v. 3, 9-10

PRAYER GUIDE: PSALM 42 (ESV)

POSSIBLE PRAYER PROMPTS:

REVERENCE

- Lord, my soul longs for You because You are_____.
- Lord, thank You for satisfying my soul when_____.
- O God, You are worthy of glad shouts and songs of praise even when_____.
- Lord, thank you for fulfilling my hope for_____.
- Because You are the God of hope, I will praise You even when_____.
- Lord, thank You for saving me from_____.
- I praise You for Your steadfast love to me when I_____.
- God of my life, thank You for being with me in my suffering of_____.

RESPONSE

- Lord, I admit my soul is cast down about _____ and ask you to help me to hope in You!
- Lord, when others say “where is your God,” I will remember that You_____.
- I confess that I felt forgotten by You when_____ and say again that You are my rock!

REQUESTS

- Satisfy my soul’s longing for_____.
- Lord, bring Your hope and salvation to_____.
- As I pour out my soul to You about_____ help me remember that I am not alone!
- Lord, command Your steadfast love to me as I face the suffering of _____.
- Help me see Your face today as I struggle with_____.
- Lord, be my rock today when I feel overwhelmed about_____.
- In my pain and distress, help me to hope in You for_____.

READINESS

- Lord, I trust You today to be my hope, especially when_____.
- Lord, help me remember Your steadfast love today as I face the adversary of_____.
- When my soul is cast down about _____ help me trust in Your salvation!
 - Hope in God; for I shall again praise him!

Monthly Prayer Focus: "40 Days of Prayer for America."

POSSIBLE PRAYER PROMPTS

- Thank the Lord for the freedom we have in Christ.
- Pray for an explosion of light in the church bringing transformation to our communities.
- Pray for a love for God’s truth to grow in the church.