

PRAYER GUIDE

WEEK OF MARCH 28 – APRIL 3

PRAYER GUIDE: PSALM 22:1-21 (ESV)

To the choirmaster: according to The Doe of the Dawn. A Psalm of David.

My God, my God, why have you forsaken me?

Why are you so far from saving me, from the words of my groaning?

²O my God, I cry by day, but you do not answer, and by night, but I find no rest.

³Yet you are holy, enthroned on the praises of Israel.

⁴In you our fathers trusted; they trusted, and you delivered them.

⁵To you they cried and were rescued; in you they trusted and were not put to shame.

⁶But I am a worm and not a man, scorned by mankind and despised by the people.

⁷All who see me mock me; they make mouths at me; they wag their heads;

⁸“He trusts in the Lord; let him deliver him; let him rescue him, for he delights in him!”

⁹Yet you are he who took me from the womb; you made me trust you at my mother’s breasts.

¹⁰On you was I cast from my birth, and from my mother’s womb you have been my God.

¹¹Be not far from me, for trouble is near, and there is none to help.

¹²Many bulls encompass me; strong bulls of Bashan surround me;

¹³they open wide their mouths at me, like a ravening and roaring lion.

¹⁴I am poured out like water, and all my bones are out of joint; my heart is like wax;

it is melted within my breast;

¹⁵my strength is dried up like a potsherd, and my tongue sticks to my jaws; you lay me in the dust of death.

¹⁶For dogs encompass me; a company of evildoers encircles me; they have pierced my hands and feet—

¹⁷I can count all my bones— they stare and gloat over me;

¹⁸they divide my garments among them, and for my clothing they cast lots.

¹⁹But you, O Lord, do not be far off! O you my help, come quickly to my aid!

²⁰Deliver my soul from the sword, my precious life from the power of the dog!

²¹Save me from the mouth of the lion!

You have rescued me from the horns of the wild oxen!

REVERENCE

God’s Praiseworthy Attributes

- He is our God – v. 1
- He is there even when we feel is far away and silent – v. 1-2
- He is holy – v.3
- He is enthroned as King – v. 3
- He is worthy of our trust – vv.4,5
- He delivers and rescues – vv. 4,5, 20,21
- He is our God before and after our birth – vv. 9,10
- He is our present help in trouble– v. 11, 19
- His word predicted the sufferings of Christ – vv. 12-18

POSSIBLE PRAYER PROMPTS:

REVERENCE

- Lord, You are Holy because You are...
- I praise You that You are enthroned above...
- I thank You that You have shown Your trustworthiness in the past when...
- I praise You that You have delivered and rescued me from...
- I praise You that You have been my God since the day I was born, but especially when...

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RESPONSE

- I confess that I felt forsaken by You when _____, but declare that You are truly my God.
- I remember that my soul found no rest when _____, but declare that You have always been a faithful deliverer.
- I confess that my soul is sometimes troubled when the ungodly despise my faith and mock Your name. Help me to trust You even when....

REQUESTS

- Help me to know that You are a holy, trustworthy and rescuing God, even when I feel...
- Lord, today, I trust You to deliver me from....
- Because You have been my God from birth, remind me that You are truly my God, in the midst of...
- I pray for _____ (name) whose soul is restless. Reveal Your holiness and great rescuing power to them today.
- I pray for _____ (name) that they will cry out to You, and that You will rescue them from ...
- I pray for our church as we face _____. Help us and come quickly to our aid.

READINESS

(Note: As the Psalmist wrote, very often spiritual attack can feel like a sword, the power of the dog, the mouth of a lion and the horns of a wild ox. Embracing those images, and others like them, trust God for his help, aid, rescuing grace and deliverance).

- Even though the attacks of our enemy can feel like _____, we know You will deliver our soul.
 - **Antiphonal response:** You are our help! Come quickly to our aid.
- Thank You that You are able to deliver, save and rescue us from _____ (specific areas of attack, evil and temptation).
 - **Antiphonal response:** You are our help! Come quickly to our aid.

HOLY WEEK SCRIPTURES REAL-TIME NARRATIVE

SUNDAY: Palm Sunday

Luke 19:28-44

MONDAY: Jesus Cleanses the Temple

Mark 11:12-19

TUESDAY: Jesus Teaches at the Temple

Luke 21:1-38

Luke 22:1-2

WEDNESDAY: Jesus Anointed for Burial

Mark 14:3-11

Matthew 26:14-16

THURSDAY: Maundy Thursday/Last Supper

John 16:16-33

Matthew 26:17-75

FRIDAY: Good Friday

Matthew 27:1-61

SATURDAY: Holy Saturday

Luke 23:50-56

Matthew 27:62-66

SUNDAY: Resurrection Sunday!

Matthew 28:1-15

Luke 24:1-53