

# PRAYER GUIDE

## WEEK OF NOVEMBER 8-14

### Psalm 62 (ESV)

To the choirmaster: according to Jeduthun. A Psalm of David.

[1] For God alone my soul waits in silence;  
from him comes my salvation.

[2] He alone is my rock and my salvation,  
my fortress; I shall not be greatly shaken.

[3] How long will all of you attack a man  
to batter him,  
like a leaning wall, a tottering fence?

[4] They only plan to thrust him down from  
his high position.

They take pleasure in falsehood.

They bless with their mouths,  
but inwardly they curse. Selah

[5] For God alone, O my soul, wait in  
silence,

for my hope is from him.

[6] He only is my rock and my salvation,  
my fortress; I shall not be shaken.

[7] On God rests my salvation and my glory;  
my mighty rock, my refuge is God.

[8] Trust in him at all times, O people;  
pour out your heart before him;

God is a refuge for us. Selah

[9] Those of low estate are but a breath;  
those of high estate are a delusion;  
in the balances they go up;  
they are together lighter than a breath.

[10] Put no trust in extortion;  
set no vain hopes on robbery;  
if riches increase, set not your heart on  
them.

[11] Once God has spoken;  
twice have I heard this:

that power belongs to God,

[12] and that to you, O Lord, belongs  
steadfast love.

For you will render to a man  
according to his work.

### REVERENCE - *God's Praiseworthy Attributes:*

- Giver of Salvation – V. 1,2,6
- Source of true & deep contentment – V. 1, 5, 7, 8, 12
- Our only steady, sure, solid rock – V. 2, 6, 7
- Our fortress, a place of safety & source of strength – V. 2, 6
- Our protector from life's dangers – V. 2, 4, 6, 11
- Source of all hope – V. 5
- Source of refuge and rest – V. 7, 8
- Is trustworthy & true – V. 7, 8
- Living God who listens to His children and responds in love & kindness – V. 8, 11
- Power belongs to him – V. 11
- Full of steadfast love – V. 12
- Rightly judges mankind – V. 12

## PRAYER GUIDE: PSALM 62

### POSSIBLE PRAYER PROMPTS:

#### REVERENCE

- Lord I praise you for being my rock and helping me when \_\_\_\_\_.
- Lord I praise you for being my refuge and rest even when \_\_\_\_\_.
- I trust you Lord because you are \_\_\_\_\_.
- I thank you Lord for hearing my heart and answering me. You answered my prayers when \_\_\_\_\_.
- I am so thankful for your never-ending love even in the midst of \_\_\_\_\_.
- Lord, thank you for protecting me from \_\_\_\_\_.
- Lord, thank you for giving me hope when \_\_\_\_\_.

#### RESPONSE

- I confess that I don't come to you when \_\_\_\_\_.
- I confess that I struggle to trust you with \_\_\_\_\_.
- I confess that I have been putting my hope for contentment & happiness in \_\_\_\_\_ instead of in you.
- I confess that I need help loving \_\_\_\_\_ (name) as you have loved me.
- I confess that I have tried to handle my battle with \_\_\_\_\_ in my own strength instead of Yours.
- Forgive me for first looking for the solution to my problem/struggle with \_\_\_\_\_ in \_\_\_\_\_ instead of You.

#### REQUESTS

- Lord, because you are trustworthy, help me to trust you with \_\_\_\_\_.
- Because you are my rock and my salvation help me to believe that you will \_\_\_\_\_.
- Because you hear our hearts, help me to cry out to you when \_\_\_\_\_.
- Lord, give me victory over \_\_\_\_\_ which has shaken me many times in my life.
- Lord, help me to feel your never-ending love this week even when \_\_\_\_\_.
- This week, help me to shine the light of your never-ending love to \_\_\_\_\_ (name).

#### READINESS

- Lord, give me the ability to rest in you today even when \_\_\_\_\_.
- Lord, give me your supernatural rest today as I \_\_\_\_\_.
- Lord, today, I am trusting you to give me the strength to shine your love to \_\_\_\_\_.
- Lord, empower me to be encouraging to \_\_\_\_\_ (name) even if they are unkind to me.

### **Monthly Prayer Focus: "31 Ways to Praise" (Attributes of God)**

#### POSSIBLE PRAYER PROMPTS

- **God, My Refuge, My Fortress.** "I praise You, Lord, for You are 'my mighty rock, my refuge'" (Ps. 62:7).
- **A Personal God.** "I praise You, God, because You are a personal God, who gives me the honor of knowing You personally, even inviting me to feast at Your kingdom's table with Abraham, Isaac, and Jacob" (Mt. 8:11).
- **A Giving God.** "All praise and honor be Yours, O God, because You are a generous God, who did not even stop short of giving Your own Son" (Jn. 3:16).