

# PRAYER GUIDE

## WEEK OF NOVEMBER 15 - 21

### Psalm 46 (ESV)

To the choirmaster. Of the Sons of Korah. According to Alamoth. A Song.

God is our refuge and strength,  
a very present help in trouble.  
<sup>2</sup> Therefore we will not fear though the earth  
gives way,  
though the mountains be moved into the  
heart of the sea,  
<sup>3</sup> though its waters roar and foam,  
though the mountains tremble at its  
swelling. Selah  
<sup>4</sup> There is a river whose streams make glad  
the city of God,  
the holy habitation of the Most High.  
<sup>5</sup> God is in the midst of her; she shall not be  
moved;  
God will help her when morning dawns.  
<sup>6</sup> The nations rage, the kingdoms totter;

he utters his voice, the earth melts.  
<sup>7</sup> The Lord of hosts is with us;  
the God of Jacob is our fortress. Selah  
<sup>8</sup> Come, behold the works of the Lord,  
how he has brought desolations on the  
earth.  
<sup>9</sup> He makes wars cease to the end of the  
earth;  
he breaks the bow and shatters the spear;  
he burns the chariots with fire.  
<sup>10</sup> "Be still, and know that I am God.  
I will be exalted among the nations,  
I will be exalted in the earth!"  
<sup>11</sup> The Lord of hosts is with us;  
the God of Jacob is our fortress. Selah

### REVERENCE - *God's Praiseworthy Attributes:*

- Our Refuge: (Our Shelter, Help, Hope, and Healer) v. 1
- Our Strength (Our Power, Might, Our Security, Boldness) v. 1
- Our actively present Help in Trouble. v. 1
- The One who is "with us" in times of trouble v. 7

### POSSIBLE PRAYER PROMPTS:

#### REVERENCE

- I thank You, Lord, for being my refuge, my shelter when I faced \_\_\_\_\_.
- Thank you for giving me the strength to endure this \_\_\_\_\_.
- Lord, You were present and my Help the day I \_\_\_\_\_.
- I worship You today because You revealed Yourself to me when \_\_\_\_\_.
- I praise You, Lord, because You stopped \_\_\_\_\_ from bringing me harm.
- I praise You for the peace/shalom you have given me in spite of \_\_\_\_\_.
- I present my body to You as a living sacrifice, glorify Your name in me and through me today as I \_\_\_\_\_

## PRAYER GUIDE: PSALM 46

### POSSIBLE PRAYER PROMPTS:

#### RESPONSE

- I can stop—Be Still, and Know that You, for certain...are God. v. 10
- Forgive me for rushing headlong into \_\_\_\_\_ without consulting You. v. 1
- Forgive me for turning to \_\_\_\_\_ for my refuge, instead of trusting in and turning to You. v. 4
- As the nations rage (v. 6) and people around me attack, I pray that I will seek to glorify You as I deal with \_\_\_\_\_.
- I confess that I seek the help of \_\_\_\_\_ before pausing to be “with You” and seeking to “hear” from You. v. 7

#### REQUESTS

As I trust You to provide all I need to do Your will...I ask You:

- To be my refuge and my help as I face \_\_\_\_\_ v. 1
- To give me the strength to overcome the temptation to \_\_\_\_\_ v. 1
- Help me truly trust and honor You in the midst of this Pandemic v. 10
- Give me eyes to see and ears to hear to join You in the work You are doing all around me. v. 8
- As the COVID-19 virus has affected life all around us (v. 2), empower me exalt You (v. 7) and be Your witness to \_\_\_\_\_.
- As the flood of situations like \_\_\_\_\_ are downing me, may You be my peace as I live through it. v. 3-4

#### READINESS

Lord, lead me because:

- You are present (with me) and will never leave or forsake me as I face \_\_\_\_\_ v. 1
- You will be exalted in me and through me, even when life flips upside down. Just like \_\_\_\_\_ v. 2
- You have reminded me of Your ultimate victory (v. 4-5) and I can live to honor You as I face \_\_\_\_\_
- I have become still and have been reminded that life, no matter how it goes, is to glorify You and exalt Your name. v. 10 May I do this today by \_\_\_\_\_

### **Monthly Prayer Focus: "31 Ways to Praise" (Attributes of God)**

#### POSSIBLE PRAYER PROMPTS

- **A Provider God.** “I praise You today, Lord, as my Jehovah-Jireh (the Lord Will Provide), who makes all grace abound in me and generously provides all I need” (2 Cor. 9:8).
- **God, My Peace.** “I praise You with all my heart, Lord, because You are my Jehovah-Shalom (The Lord Our Peace), ‘the God of peace [who] will soon crush Satan under [my] feet’” (Ro. 16:20).
- **The God of Miracles.** “Lord, I praise You because ‘you are the God who performs miracles; you display your power among the peoples’” (Ps. 77:14).